



Summer 2
Exams – Support and additional sessions offered as required.

Summer 1
Revision, Careers Support. Staying Safe Online. Staying Well.



Spring 2
Stress Management – Pregnancy and choices. Revisit ways to manage stress alongside revision techniques. Where to seek support with pregnancy and sexual health.



Spring 1
NHS Access, Substance Misuse and Diversity. How to access health support. Substance misuse and its effects. Diversity – equal opportunities, PRIDE and the law. Recognising when people need help.



Autumn 2
Study and employability skills. How to revise. What employers want? Employability skills. Confidentiality in the work place. Acceptable workplace behaviour and workplace discrimination. Local labour market. College application support.

Autumn 1
Relationships – positives and when things go wrong. Rights and responsibilities when intimate. Relational abuse – stalking, online, porn, unwanted attention, domestic abuse. Where to get support. Wear Yellow for Young Minds 10 Oct



Coming From Year 10 at KSSS or elsewhere

Carer Counsellor Doctor Journalist Nurse Police Politician Solicitor Teacher

Collaboration Compassion Empathy Gratitude Honesty Humour Inclusion Mindfulness Perspective Positivity Self-acceptance Trust

'What wisdom can you find that is greater than kindness?' ROUSSEAU

HEALTH AND WELLBEING – RELATIONSHIPS – WIDER WORLD