



LIFE IS BETTER WITH FRIENDS



Summer 2
Gangs, friendship and first aid. What is the difference between friendship and gang membership. Strategies to tackle peer pressure. Basic first aid – to know how to respond to asthma, allergic reactions and emergencies. Knife crime law including joint enterprise.



Summer 1
Wellbeing and Resilience. To know healthy and unhealthy coping strategies. To know how to seek support. Personal values in relationships and consent. Gender roles and values.



Spring 2
Drugs, alcohol and the law. To know different drugs and alcohol, their affects and the risks associated, including the law. To know that some medications support health. Peer pressure. Addiction, how it can affect relationships and where to get help if needed.



Spring 1
Drugs, alcohol and the law. The importance of hygiene, sleep and exercise. To know how to access the National Health Service. Self examination. Consent and the law.



Autumn 2
Media and Social Media. Positive internet use. Know how to recognise bullying online. Know how media can affect body image. How to stay safe online. To recognise fact and opinion and bias. To learn about positive mantras and growth mindset.



Autumn 1
Laws and rules. Friendships. Friendship and bullying. Know how to be a good friend and why people bully. How to say sorry. Stereotyping and discrimination. Equalities Act 2010. Wear Yellow for Young Minds 10 Oct.



Coming From KS2/Referral/Induction...



'No act of kindness, however small, is ever wasted.' AESOP

Collaboration Compassion Empathy Gratitude Honesty Humour Inclusion Inclusiveness Mindfulness Perspective Positivity Self-acceptance Trust

Carer Counsellor Doctor Journalist Nurse Police Politician Solicitor Teacher