

KEY STAGE 3 PSHE 23-24



K Kettlebrook
Short Stay School



Equality Act 2010



AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Laws and rules. Friendship and bullying. Stereotyping and discrimination. Equalities Act 2010.	Developing learning styles. Online safety. Healthy coping strategies. Spotting bias. Positive mantras.	Personal hygiene. Where to get health advice. Self-examination. Introduction to consent, contraception, STIs.	Harmful and helpful drugs and medicines. The law and health risks of alcohol and drugs and vaping	Physical and mental health. Consent law is to protect. Healthy and unhealthy coping strategies. Where to seek support.	Gangs and gang membership. <i>Joint enterprise.</i> First aid and staying safe. Where a defibrillator is. How to call for help.

HEALTH AND WELLBEING – RELATIONSHIPS – WIDER WORLD

'No act of kindness, however small, is ever wasted.' AESOP