

Kettlebrook Short Stay

Food Tech
2022-23

Complete BTEC **Home Cooking Skills L1** Paperwork & Practical Exam



Summer 2
BELONGING – Ready, Steady, Cook Competition time



Summer 1
HEALTHY LIVING – food allergies/tolerance, label reading, grow your own, farming process
Recipes like Pork Souvlaki



Spring 2
WORLD AROUND US / ENVIRONMENT – Budget cooking, vegan, buy local, grow your own
Recipes like Vegan Brownies

Spring 1
CELEBRATION – Islam, Hinduism, Buddhism, Judaism, Christianity, Sikhism
Recipes like Jam tarts



YEAR

9

I do not try to be better than anyone else. I only try to be **better than myself.**
-Dan Jansen

Autumn 2
ME, MYSELF & I – Eatwell, Nutrition, Favourite foods
Recipes like Lemon Drizzle

YEAR

8

Autumn 1
COMMUNITY – whole school picnic, cook lunch (for elderly, students, coffee mornings)
Recipes like Mini toad in the hole



Coming From KS2/Referral/Induction...

Nothing brings people together like good food, it's the nourishment of the soul and body. It's love without the words– Kettlebrook Kitchen