

Former Student : Jenson

Qualifications at KSSS: Level 2 in Maths, Art, Food, PE. (English Grade 3).

Joined the Cold Stream Guards: and has gained qualifications in Level 3 Public Services, First Aid at Work.

Completed Basic Training - Best Bits - working with others, Worst Bits - FREEZING in Yorkshire!



Laura is our Condom Princess!

Spoke with KS4 students about sexual health and the free services offered by the Open Clinic. (Robert Powell Hospital every Tuesday). Students learned about the importance of CONSENT, happy and healthy relationships, as

well as contraception and the law.

Services are free and confidential and a C-Card is also available from school.



2025-26 Issue 26, 28 March 2026



March 2026, we welcomed student teachers from John Taylor Hub.

Alice, Susannah, Emily, Megan and Lucy spent time at our school working with students, observing lessons and finding out more about our setting. They were kind, friendly and helpful and we all enjoyed meeting them.

Susannah said: 'I really **enjoyed** seeing the range of subjects being taught at Kettlebrook. The staff have been **welcoming** and so lovely, answering our

questions and checking in on our wellbeing. My previous jobs: lab technician at a high school and a Science Communicator.'

Emily: 'Thank you for having us. It was a great opportunity to see and begin to understand what **specialist** education is like.

Previous jobs: Stable hand, Childminder/Youth Support, Bartender.

Education: BSc in Forensic Science and Criminology.

Lucy said, 'A really wonderful experience, all of the staff **genuinely care** so much about each and every child, it is a **wonderful community feeling** where it feels like a **family**. It was lovely meeting and learning from the young people here, I have loved the experience. Education: BSc Biomedical Science

Alice said, 'Thank you very much for having us, it has been wonderful to see the **love and community** the school has. I massively appreciated all the children who had us in their lessons and shared their stories. Previous job: Bar Manager. Education: Bachelor of Arts History.

Megan said, 'I loved visiting this school. I was a bit apprehensive about coming to a PRU, but found I really enjoyed meeting the staff and the students. Thank you for having us.



25 March - students visited the **Guru Singh Sabha Gurdwara in Derby** and then on to the museum to find out more. Students learned about worship, the Khalsa and about the Five K's of Sikhism.



Thanks to Mrs Lindley and Miss LJ for arranging this.



26th March

PRD -
PUPIL
REVIEW
DAY

An opportunity for students and their families to discuss progress and next steps with teachers. Our local Mental Health Team were available to speak to and a big thank you to **Mrs Jackson** for providing the

tea, coffee and delicious cakes.

Thanks for coming!

Save the date:

16th July is our next PRD.



On Science Day, fun was had making rainbow jars and exploring the density of different liquids.

David is our first student to complete his Food qualification this year with a delicious lasagne and chocolate brownie. Well done David and thank you Mrs Barker!



Active April 2026

MONDAY



6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

TUESDAY



7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat

WEDNESDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in

THURSDAY

2 Spend as much time as possible outdoors today

9 Turn your housework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

FRIDAY

3 Listen to your body and be grateful for what it can do

10 Have a day with less screen time and more movement

17 Be active outside. Plant some seeds and encourage growth

24 Get active in nature. Feed the birds or go wildlife-spotting



SATURDAY

4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try out a new exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself



SUNDAY

5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes



ACTION FOR HAPPINESS

Happier · Kinder · Together