



Art work
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WE ARE HERE
FOR YOU



Knife crime is not an unavoidable part of society. Although it can be viewed as a complex issue there are youth professionals, parents, teachers and charities working with individuals every day to make a difference.

Knife crime awareness week provides a national platform to recognise and celebrate these efforts!

Knife crime week aims to empower more people to take meaningful action to create a safer and more hopeful future for young people.



The greater the involvement, the greater the impact! This week there are training opportunities and practical resources to support those who want to contribute but do not know where to begin.

**Knife crime is preventable,
not inevitable!**

Knife crime statistics for England and Wales:

- There were **54,587** police recorded offences involving a knife up to December 2024.
- There was an **87%** increase in police recorded offences involving a knife or sharp instrument in the last 10 years (up to December 2024).
- **262** murders involving a knife or sharp instrument in England and Wales in the last 12 months.
- **57** young people aged under **25** were murdered with a knife in the year of 2024 and **17** were aged under **16**.
- **3,663** of admissions into NHS hospitals for assault by a sharp object in the year of 2024.



**No knives
Better lives**

This is just one story.

Ben was just 16 years old when he was stabbed to death in a horrific act of senseless violence on 29th June 2008.

Ben had been out at a local pub to celebrate the end of his GCSEs with his friends. On their way home, he and his friends realised they were being followed by three older teenagers. Scared and worried,

they decided to run home.

But the older teenagers chased after them. They were seeking revenge for an altercation in the club that had taken place earlier that evening. Ben and his friends had absolutely nothing to do with the altercations, but when the older boys caught up with Ben, in an entirely unprovoked attack, they stabbed him to death.

Ben was the 17th teenager to be killed in London that year.

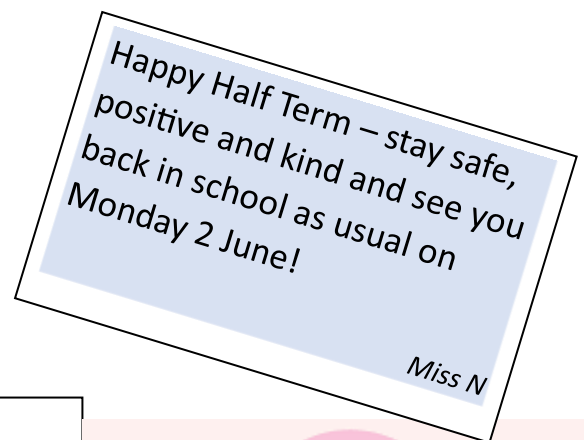


Students are currently learning about some of these issues in PSHE.

Thank you Chido for this article on Knife Crime

think
P O S I T I V E
feel
P O S I T I V E
live
P O S I T I V E

Our Kindness Curriculum word for June
is **POSITIVITY**.



Try at least one of these this week:

- Recall three things that you are proud of.
- Find three reasons to be hopeful for the future.
- Show kindness to someone who is in need - listen to their concerns.
- Take a walk in the fresh air and enjoy the environment around you.



Meaningful May 2025

MONDAY



5 Let someone know how much they mean to you and why

12 Listen to a favourite piece of music and remember what it means to you

19 Reflect on what makes you feel valued and purposeful

26 Remember an event in your life that was really meaningful

TUESDAY



6 Look for people doing good and reasons to be cheerful

13 Find out about the values or traditions of another culture

20 Share photos of 3 things you find meaningful or memorable

27 Focus on how your actions make a difference for others

WEDNESDAY



7 Make a list of what matters most to you and why

14 Get outside and notice the beauty in nature

21 Look up at the sky. Remember we are all part of something bigger

28 Do something special and revisit it in your memory tonight

THURSDAY

1 Do something kind for someone you really care about

8 Set yourself a kindness mission to help others today

15 Do something to contribute to your local community

22 Find a way to help a project or charity you care about

29 Today do something to care for the natural world

FRIDAY

2 Focus on what you can do rather than what you can't do

9 What values are important to you? Find ways to use them today

16 Show your gratitude to people who are helping to make things better

23 Recall three things you've done that you are proud of

30 Share a quote you find inspiring to give others a boost

SATURDAY

3 Take a step towards an important goal, however small

10 Be grateful for the little things, even in difficult times

17 Find a way to make what you do today meaningful

24 Make choices that have a positive impact for others today

31 Find three reasons to be hopeful about the future

SUNDAY

4 Send your friend a photo from a time you enjoyed together

11 Look around for things that bring you a sense of awe and wonder

18 Send a hand-written note to someone you care about

25 Ask someone else what matters most to them and why



ACTION FOR HAPPINESS

Happier · Kinder · Together

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FOR YOU

