



## Wellbeing Weekly

Students were learning about wallpapering today at TORC. Students were able to wallpaper a whole room with minimal support. Many are engaging positively with Maths and English interventions after their practical learning.



## It is Children's Mental Health Week and

in PSHE students have been learning about different mental health conditions and where to find support if feeling unwell. Year 11s have been

Iooking at emotional literacy – the words needed to describe different

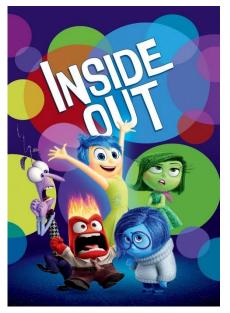
feelings. Film recommendation: Inside Out.

The school nurse (Salma) is available to students for a drop in on Monday 13 February. We can also pass on any questions/queries or

concerns and make referrals.

Midlands Partnership

NHS Foundation Trust A Keele University Teaching Trust



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All students have Food lessons and skills build up quickly. Above some year 11 exam success for Food : Spicy Chicken Pasta and Chocolate Chip Cookies by Dylan and Jerk Chicken Skewers and Chocolate Chip Cookies by Jayden. Jack (year 8) made fabulous pizza.



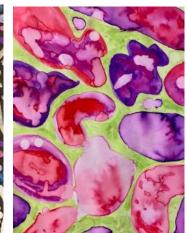
Ryan showing great strength and agility in PE.







some used for our Well Done Cards.









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## Mr. Hall's Health & Fitness

This week, Harry Kane described becoming Tottenham's all-time record scorer with 267 goals as a "magical feeling" and a "dream come true"

Although he has achieved a magnificent record, he is not taking his foot of the gas. Kane wants to continue to **work hard** and **progress**. A true **winner**. Always trying to become just that little bit **better every day**.



"I want to keep working hard and looking to progress."

- Harry Kane -

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