



**ROYAL  
BRITISH  
LEGION**

The 11<sup>th</sup> November marks **Armistice Day**. *Armistice* means an agreement to stop fighting (it is from the Latin for being still). An

agreement was made for the First World War to stop at 11.00 am on 11<sup>th</sup> day of the 11<sup>th</sup> month of 1918. By the end of the war approximately **20 million people were dead** (10 million of them were civilians) and a similar number injured. The Royal British Legion cares for injured service personnel and their families. Remembrance Sunday is held on the nearest Sunday and the country commemorates all those who fought in WW1 and subsequent battles.



At Kettlebrook, students made poppies and our wreath is displayed in Reception as our own mark of respect.

This is my great-grandfather's grave and you can just see that the name of his son, William, is also on it. William's body was never found – he was missing presumed dead and his father died in 1918 without knowing what had happened to his son. They said he died of a broken heart. William's name is on the Arras Memorial in France. He fought from 1914 until his death in 1917.

There are graves like this one all over the country – quiet reminders that these soldiers were fathers, sons, brothers and husbands. *S Norrington*



**SHARM EL-SHEIKH  
EGYPT 2022**

*This week  
in Egypt,  
world*

NAME: NORRINGTON, WILLIAM  
Initials: W  
Nationality: United Kingdom  
Rank: Private  
Regiment/Service: Durham Light Infantry  
Unit Text: 20th Bn.  
Age: 27  
Date of Death: 25/03/1918  
Service No: 44697  
Additional information: Son of Mary Norrington, of Ivy Holme, Stone Hill Sellindge, Ashford, Kent, and the late B. M. H. Norrington.  
Casualty Type: Commonwealth War Dead  
Grave/Memorial Reference: Bay 8.  
Memorial: ARRAS MEMORIAL

## For the Fallen

They shall grow not old, as we that are  
left grow old:  
Age shall not weary them, nor the  
years condemn.  
At the going down of the sun and  
in the morning  
We will remember them.

WE ARE HERE  
FOR YOU



*leaders are meeting to try and find some solutions to the world climate crisis.*

**This crisis is EVERYONE'S!**

In Art this half term, we have worked on a project called **'endangered animals from an endangered planet'** and this work has features on the website of New Urban Era – the Tamworth arts organisation.

You can follow the link below to see our work :



<https://newurbanera.org/2022/11/02/endangered-animals-from-an-endangered-planet/>



The art work was made using recycled materials and can also be recycled. The animals featured are all endangered.



## Positive Feedback

We are delighted to have received excellent feedback for many of our students at Motor Vehicle Mechanics. Some students were

WE ARE HERE  
FOR YOU



referred to as **'highly motivated'** and **'working well in a group'**. One student was called **'fantastic'**.

Practical skills are building and we hope this progress can continue ready for post-16.

## **MEANWHILE IN SCIENCE....**

**Year 9s made SLIME!**



# Mr. Hall's Health & Fitness

S

A

V

E

R

S

## The "SAVERS" Morning Routine

Over the next 6 weeks I will be building up a 6-part morning routine. Each week I will explain a new activity that you can add to the morning routine. Do each one for 5 mins each day. It will mean waking up 5 minutes earlier every week.

This week we are looking at "Silence"

Start every morning with a period of purposeful silence of at least 5 minutes  
Pick from the following activities to do during this period.

- \***Meditation** - watch a 5 minute meditation video on YouTube
- \***Prayer** - talk to your god. Give thanks, express sorrow for sins, confess or worship them.
- \***Reflection** - think about the main things that happened yesterday. What positives were there? What things would you change if you had the chance?
- \***Deep Breathing** - Close your eyes and focus on your breathing. What do you notice about your nose, mouth, chest and tummy every time you breathe in and out?
- \***Gratitude** - What are you thankful for today? Make a list of 5 things that you are grateful

WE ARE HERE  
FOR YOU



bed for this, and preferably leave your bedroom altogether.