



Our theme for this half term at Kettlebrook Short Stay School has been Community and our students and staff have enjoyed contributing to a wide range of activities and learning opportunities.

On Friday 24th September we welcomed members of our local community as well as parents to a coffee morning to raise money for **Macmillan**. Thursday 7th October was National Poetry Day and students and staff wrote poems on the theme of Wellbeing and these were anonymised and shared in a poetry reading afternoon. Friday 8th October we all wore yellow for **Mental Health Awareness Day** and staff then met for a communal meal (the first time we have met as a full staff socially) to support wellbeing further. On Friday 22nd October students and staff wore red to **Show Racism the Red Card**. Students have visited local parks and taken photos as well as researched the local area.

Happy half term—and we look forward to seeing our students back on Monday 1 November.

*Mr Sims, Head of School*

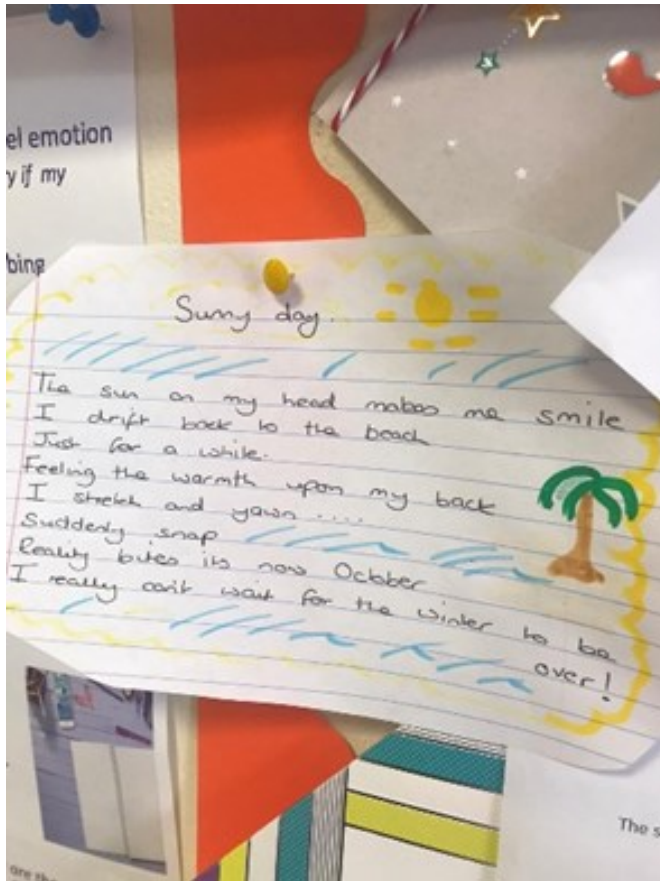






What a wonderful morning we had raising money for Macmillan. Well done Mrs Lawton for braving the shave!





## Looking after each other!

We held a whole staff Poetry Afternoon on Thursday with staff reading anonymised poems that delved into their minds and thoughts. This was a hugely successful afternoon where we learnt our staff are talented in more than one way! It provided staff with an open forum to voice their thoughts about Mental Health and all staff were supportive of the poems presented and even continue the discussions into the next day!

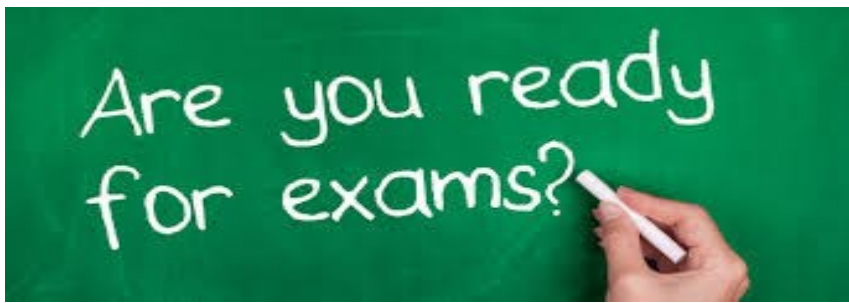
We then continued into Friday with **#HelloYellow** where staff wore something yellow to raise awareness. We ended the day by promoting positive mental health and well-being by having a shared staff lunch in the canteen which staff contributed to by bringing things in or helping to set up.



A fabulous end to our first week in October which left everyone feeling positive for the weekend!





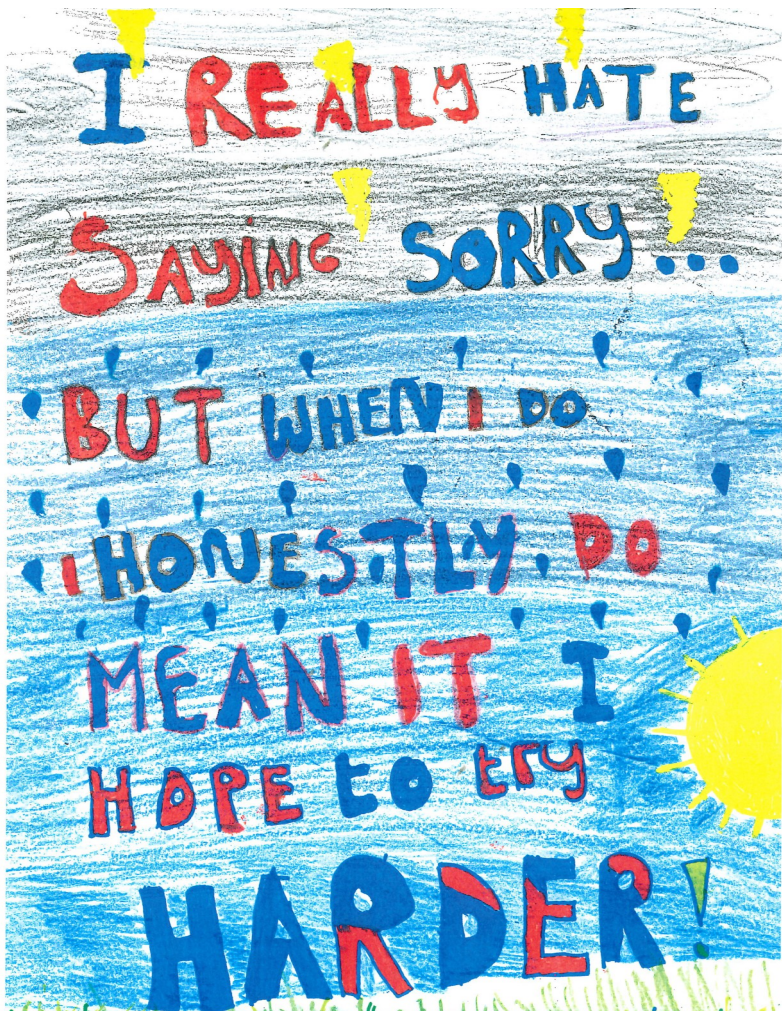


Exam season is fast approaching us & we will be holding exams at the end of November for year 11's in Functional Skills in English & Maths. There will also be mock exams in December for year 11's to help them prepare for GCSE's that are expected to happen next Summer.

The best revision is little & often, so you don't feel over-whelmed.

Some of the best websites we find are:

- [bbc.co.uk/bitesize/secondary](http://bbc.co.uk/bitesize/secondary) – for all subjects
- [mymaths.co.uk/secondary](http://mymaths.co.uk/secondary) – you have your own school login for this
- [corbettmaths.com](http://corbettmaths.com)
- [mrbartonmaths.com/students](http://mrbartonmaths.com/students)
- [mrbruff.com](http://mrbruff.com)



Some top tips for success in exams:-

- Get plenty of sleep the night before— and get some early nights ahead.
- Try and have a sensible breakfast on the day.
- Wear warm clothes/layers— you have to sit still in an exam and you can get cold.
- Bring water in a bottle with no labels on.
- Arrive with plenty of time to spare.

## Restorative Approaches

We know that there will be times when our students may behave in a way that they regret afterwards. We also know that this can lead to conflict with others. At Kettlebrook we are adopting *Restorative Approaches* to help us all restore and repair relationships so we can move forward positively together.

**Apologies aren't meant to change the past, they are meant to change the future.**

Kevin Hancock





22 October we wore red in support of the Campaign to **Show Racism the Red Card.**

We had a discussion in PE about racism in sport, the Premier League's '**No Room for Racism**' campaign and the racial abuse received by Rashford, Sancho and Saka after missing penalties in the Euro 2020 Final.

*Mr Hall, PE Teacher*



**Racism needs to stop! Year 11 student**

**I think it is horrendous  
to be honest.**



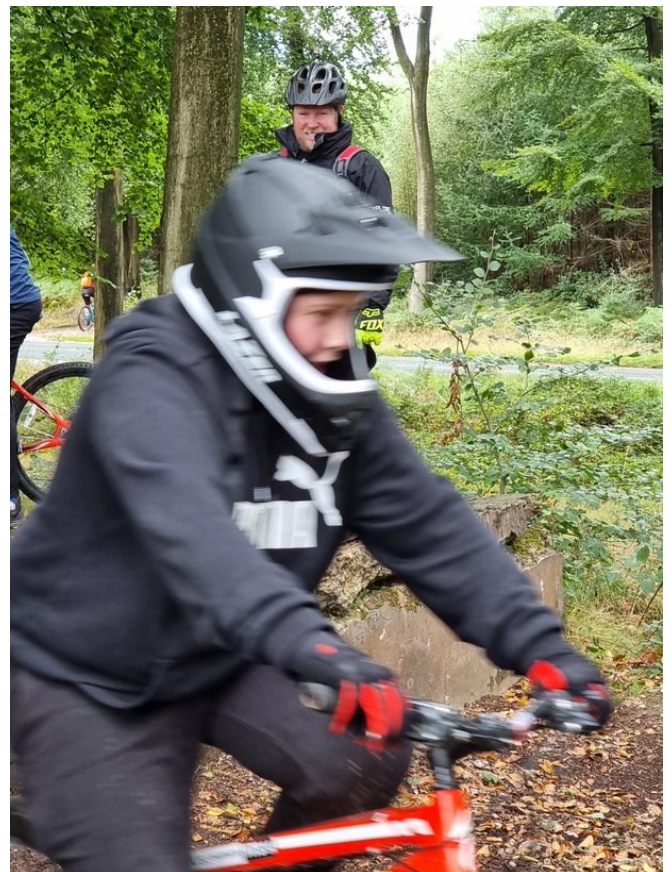
**Technically we are all the same.**



**Don't do it! It's not right.**



Mountain Biking—students loved learning new skills—and seeing Mr Round do a front flip landing on his shoulder!







You have to have a ladder to get up to the foam platform at the indoor centre. There is no protection other than the foam at the bottom if you fall! Thanks to Mr Hall for arranging this and to the other staff for supervising us.



*Year 10 student*





A big **thank you** to our colleagues at TORC who teach some of our students new skills every Wednesday and Thursday.

*'I like it at TORC. I like how John teaches us new things. It was boring having to do some bits over and over, but I now see that I'm much better than I was.'*

Year 11 student

