



World Mental Health Day

FRIDAY 8 OCT

A lovely day at Kettlebrook. Wearing yellow was a reminder of taking care of ourselves and of each other. Staff sat and enjoyed food together after school – the first time since before lockdown – a wonderful opportunity to enjoy each other's company and welcome our new member of staff, Mrs Mee.

Trust, Honesty, Respect and Care.



The background was created by Alisha, Year 9.



Activities included high rope climbing, jumping off and falling off a 60ft platform and a range of indoor climbing challenges. Our students were all very brave and completed all the challenges successfully.

Mr C Hall

Further Education Open Events Autumn 2021

(Please note that due to Covid restrictions pre-registration is required for some events so check websites for clarity)

Burton and South Derbyshire College

Main Town Centre Campus **Monday 18th October : 5pm - 8pm**

Construction Open Day (Stephen Burke Construction Academy DE11 OBB) - Saturday 8th February 10 till 2pm

Birmingham Ormiston Academy (BOA)

Thursday 14th October from 6pm

Birmingham Metropolitan College (including Sutton Coldfield, Matthew Boulton, Erdington skills centre and James Watt campuses)

Saturday 16th October – all campuses (10am - 1pm)

South Staffordshire College (inc Tamworth, Lichfield, Cannock and Rodbaston)

Saturday 16th October : 10am - 1pm

(All campuses Lichfield, Tamworth, Cannock, Rodbaston and Torc in Tamworth)

Stafford College

Thursday 21st October : 5.30 - 8pm

North Warwickshire and Hinckley College

NWHC are offering bookable Guided Tours – There is a small form to complete on the website to register your interest.

Sixth Forms

Landau Forte Tamworth Sixth Form - **Thursday 18th November**

Polesworth - Contact the school on 01827 702205

King Edwards VI (Lichfield) - Contact the school on 01543 255714

The Friary School (Lichfield) - **Tuesday 9th November (6pm - 8pm)**

Netherstowe (Lichfield) - Are offering morning tours **Tuesday 12th Oct, Wednesday 13th Oct, Tuesday 19th Oct and Wednesday 20th Oct 2021.**

All students will be looking at next steps and future choices in PSHE as part of their work for next half term's theme of: Me, Myself and I.



At TORC students learn a number of skills linked with Construction. This opportunity is made available for years 10 and 11.

Duke is not my horse but I do still treat him as my own. I am currently training to ride a horse. He would never hurt you on purpose. He is a really kind horse. He gets the care that he needs from a really nice lady named Sarah. She is so beautiful and she is amazing she has taught me to ride and I'm getting better. I'm currently riding bare back as he doesn't have a saddle because he is growing so he keeps growing out of his saddle and it is a lot of money to keep replacing them. In the winter he usually has 2 to 3 feeds a day and in the summer, he usually has 1 to 2 feeds. His food is made out of chass and nuts mixed together. Duke also love parsnips. And he has an apple a couple times a week to reward him. He hates his worming medicine. I love him a lot and I'm so grateful to be able to have lessons, it helps me calm down. He is 3 almost 4 and he loves to be loose on the fields.

Year 9 student



Maybe you have a favourite hobby or pet. Tell us more!

Keep the pictures coming to sophie.norrington@kettlebrook.staffs.sch.uk



On Friday 8 October we had a visiting speaker from the NHS Sexual Health Prevention Team.

Trudi presented about **positive relationships**, **different STIs** and how to prevent catching them, **contraception** as well as **Consent and the Law**.

Trudi says that she always enjoys visiting our school because the students are so friendly and respectful.

'Trudi is kind to talk to and is very informative. I found it funny when she got the plastic penis out and did a condom demonstration!' *Year 11 student*

Contraceptive advice is free for everyone and is offered as part of the PSHE curriculum as well as when Trudi visits. It is possible to get a Condom Card through the SHPT (mpftprevention@nhs.net and there is more information and advice online) and with the Condom Card you can get free condoms even if you are not 16. Trudi will visit the school regularly and we now know that if we are worried or need advice, there are kind people like Trudi ready to help. If parents or students have any queries, please contact Miss Norrington, PSHE Teacher (Sophie.Norrington@kettlebrook.staffs.sch.uk).



**Kettlebrook Short Stay
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