

Looking after each other!

This year, Thursday 7th October marked National Poetry Day. In light of this, staff tried to turn their hands to poetry and write a poem about Mental Health leading into Friday's Mental Health Awareness Day. We held a whole staff Poetry Afternoon on Thursday with staff reading anonymised poems that delved into their minds and thoughts. This was a hugely successful afternoon where we learnt our staff are talented in more than one way! It provided staff with an open forum to voice their thoughts about Mental Health and all staff were supportive of the poems presented and even continue the discussions into the next day!

We then continued into Friday with #HelloYellow where staff wore something yellow to raise awareness. We ended the day by promoting positive mental health and well-being by having a shared staff lunch in the canteen which staff contributed to by bringing things in or helping to set up. A fabulous end to our first week in October which left everyone feeling positive for the weekend!



KSSS

Logan is the new kid on the block
He likes to go on the guitar and rock.

Jim is a young man, doing all he can
To learn how to build walls, drives and paths
Could thing he is good at (Maths)

Music is what makes us tick
Steps on acting like we are
I am going to get Music GCSE
When Miss has done her magic on me!

James they call Jimmy or JOD
He is a dab hand at using a hod.

Alaska is often the best a student can be
Better than you and me
My (Q) points she does amass
When she does all her work in class

Everyone wants to "listen to music please!"
Some think of ideas to tease!


When it comes to Minecraft we are ace
Students all take over the pace
Stuff can be the "fortnites" that win the race!
We all make the KSSS a better place.

You

The sky is falling
The walls are closing
The noise becomes riotous.
Escape seems impossible
Until I see you.
You: the one who smiles everyday
You: the one with the terrible jokes
You: the one who always keeps me busy
You: the one who knows about everything
You: the one who never stops talking
You: the relaxed, calm pillar of the school.
You: all of you.
I can escape. I just need you.

Sunny day

The sun on my head makes me smile
I drift back to the beach
Just for a while.
Feeling the warmth upon my back
I stretch and yawn ...
Suddenly snap
Reality bites its nose October
I really can't wait for the winter to be over!



My dinner

I had a bit of a struggle
But the dog was
Engage in my
But the dog was
The one on just what I need
But the dog was
Think of people but fortunate
But the dog was
It's like just get on with it
But the dog was
I'm the only one
who can make

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My mind is like a jigsaw, tangram
Brightly coloured shaped with irregular edges vying
for attention

They shift in and out of focus
Here is the daughter piece with its solid obligation
side and brightly coloured hazy sunshine centre
smiling at me

The spiky sister piece, like a star blinks and twinkles
threatening to blind me

A series of chunky work-day blocks snap together
forming a border for the other pieces to jostle inside
them

The creative, the healthy and the friend parts have
ever expanding and contracting sizes which confuse
and confound

The partner, the mother, the neighbour, so many
facets of self to fit in

A jumble of colour and contradictory shapes
sometimes fit together with satisfactory clicks
Sometimes taunting or screaming at me to give them
a place right and centre