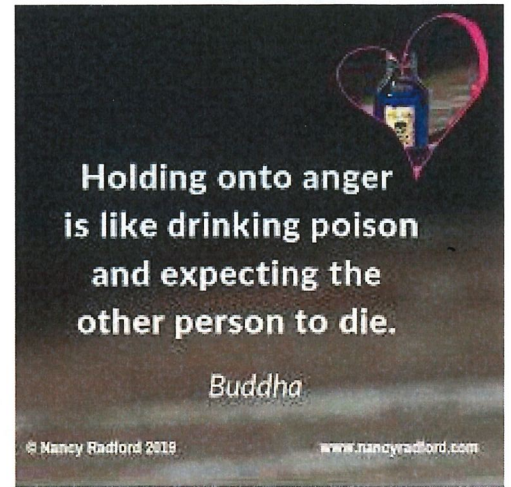
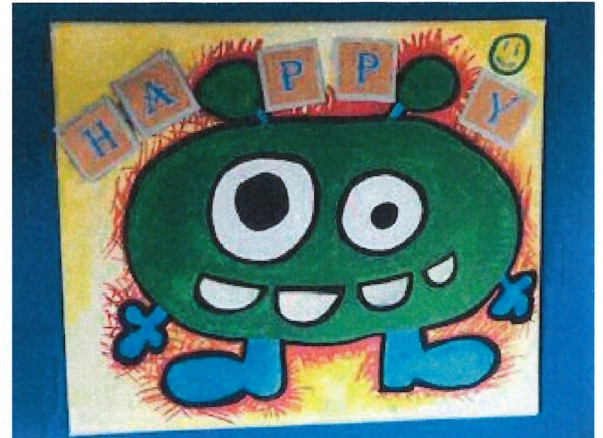


And so, what have you learned?

Sometimes life can deal us a card that we don't like. No one gets through school without learning *injustice!* But, we pick ourselves up and we learn from it.

Every situation is a learning curve.



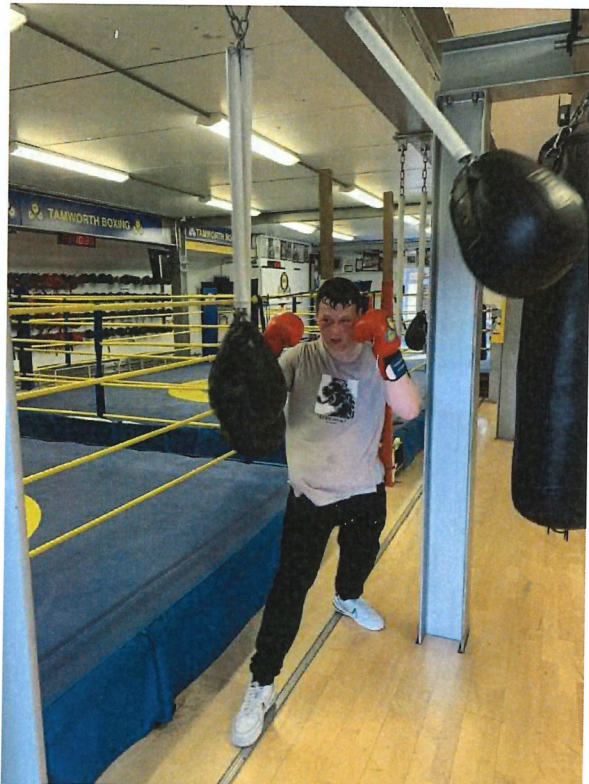
TIPS FOR LETTING GO OF RESENTMENT

1. Realise no one is perfect.
2. Take a walk in their shoes.
3. Think about the future not the past.
4. Try to focus on the positives.
5. Decide to forgive.



I enjoy sport - basketball is my favourite. I also like cooking. I loved cooking the samosas but only ate the meat ones! I like cooking brownies. Miss says we are making cake for my

birthday. - Year 9 student



KEEP MOVING

FORWARD

WE'RE HERE
FOR YOU!

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