

Wellbeing Weekly

And the beat goes on...

As things gradually move back to something a bit like normal, at Kettlebrook, the hard work and learning has never stopped!



Ethan's learning drum kit and keyboard.











As year 11 complete all their work we remember how every moment of every day is a gift and must be used to help us move forward.

find it difficult to get up in the mornings some days. I hate handing my phone in. I'm finding it hard because I've got so much work to do and so I don't know where to start. But I like doing Music and drawing really helps with my stress. I love to sing -

especially songs from Pokemon. I also like cooking, especially when we are baking cakes.

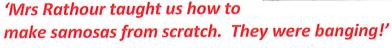
Lacey Grimley

Sometimes you will never know the value of a moment until it becomes a memory.

-Dr. Seuss











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WE'RE HERE FOR YOU!

Please contact us with any concerns.