

Alex comments on Chase water Education Centre

I was looking forward to going because I did canoeing before at Whitemoor Lakes. I like water sports. My grandad was in the Navy and it would be an honour to join them.

We got kitted up and shown instruction on how to row. Mark went through health and safety with all group and then we were put into groups of two to go into a canoe.

Pushing ourselves in I felt in control and proud to be doing it. Practising different moving techniques and how to use our oars near the shore. We were given a challenge so we went out and went to an island where we got out to look for a box. After it was found we went back to our canoe and played some ball and balancing games.

Returning to our base we learnt some tricks and how to breathe under the water with our canoe up turned on top of us. It was weird, especially because it was an enclosed space. I was ok.

The instructor was good and many thanks to Mark as he was great.

I am looking forward to sailing next week.

