



On Wednesday 1st February 2017 we went to Sainsbury's to see what the bakery looked like and to learn about how they make their bread. Although we had to walk there, it was really good because I did about ten thousand steps that day. On the journey, it was awesome because we saw a baby pink, old classic car and I love classic cars.

Just before we went into the bakery we had to put a hat and an apron on for health and safety reasons as they didn't want to have our hairs in their bread! The bakers have to wear special shoes so that they don't slip over in the bakery because the floor is quite slippery.

We looked at all the machinery and we also stood in the freezer for a couple of seconds and it was pretty cool! When we looked at the provers we all got to put our hands in and it felt like a mini sauna. They also showed us a mixer like the ones we have at home, except it was a lot bigger and when the dough is in there, it's very heavy so they put it on a wheely chair so they can push it. Next we looked at the ovens and they had multiple large ones which were like the size of a fridge.

After we looked at all the machines we went to the patisserie to look at all the amazing cakes and biscuits. They gave us a free cake each and also in the bakery they gave us a free well-fired loaf, which was very kind of them. We tried the well-fired bread the next day which was quite tasty. Overall, we had an awesome 'behind the scenes' trip.

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